

May NEWSLETTER

Center For Developmental Disabilities
101 Pocono Drive, Milford, PA 18337



Dear Families,

We have an exciting month ahead at CDD! This month, we'll be learning about planting, farms, and ponds. We are so excited to begin a special classroom adventure as we watch the amazing life cycle of caterpillars transform into beautiful butterflies!

Thank you for your continued support! If you have any questions, please feel free to reach out via email: nmessier@cddkids.org or on Lillio.

Warmly,
Nicole Messier
Director of Programs

What We're Learning

- **Early Head Start Classroom:** Our little explorers will observe, discover, and learn about the tiny creatures all around us as we begin our unit on insects! We will investigate textures using materials like soil, grass, and water during outdoor play and engage in activities such as digging, scooping, and simple bug hunts!
- **Preschool Classrooms:** We are excited to share that our students will begin a new Creative Curriculum study: Gardening! Through fun and engaging activities such as digging, watering, observing, and creating garden-themed art and science projects, children will build important skills while developing a love for nature. We look forward to watching our little gardeners learn, grow, and bloom!

Upcoming Events

- May 1: BHT Appreciation Day
- May 5: Teacher Appreciation Day
- May 5: Night at the Races
- May 7: Mother's Day Tea @ 10:00am. (Family Event)
- May 12, 13, or 14: Kindergarten Tours (See flyer for specific schools)
- May 13: Report cards go home
- May 16: Ridley Memorial Rotary 5K Run & Walk
- May 18: Speech Language Pathologist Day
- May 20: Art Show & Parent Teacher Conferences
- May 22 & 25: No School, Memorial Day
- May 26: No Head Start/Teacher Work Day
- June 10: Graduation @ DVHS, 5:45-7:30pm.



Classroom Spotlight

Students in classroom 4 celebrated the end of their Reduce, Reuse, Recycle study by designing and creating their very own unique robots out of recycled materials and art supplies. They wrapped up their projects with a Robot Parade to showcase their creativity and hard work to the school community!



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Speech – Talk, Play, Learn!

Kindergarten Readiness Skill: Following 2-3 Step Directions

Following multi-step directions is a foundational skill that supports your child's safety, independence, and success in the classroom. When children can follow 2-3 step directions on their own, they are better prepared to navigate daily routines and learning activities with greater confidence.

Fun Ways to Practice This at Home!

Cook Together: Make a simple recipe as a team and narrate each step as you go, such as "First, put it on the counter, then mix it together." This turns an everyday activity into a meaningful learning moment!

Scavenger Hunt: Hide items around the house and give your child multi-step clues to find them, like "First, go to the living room, then look by the couch."

Simon Says: Play a classic round of Simon Says using 2-3 step directions, like "Simon says first touch your head, then touch your toes!" It's a great way to build listening skills while having fun.

You can reinforce this skill throughout the day simply by narrating your actions as you do them. For example, say "First, I am putting on my coat, and then my shoes" while getting ready, or "First, we are washing our hands, then we sit down for lunch" before meals. Pointing things out as they happen gives your child helpful visual and verbal cues that make it easier to understand and follow along. These small, everyday moments add up and make a big difference in building your child's skills!

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Occupational Therapy – Little Hands at Work!

Spring Gardens

- Save those egg cartons! Fill each section with a small amount of soil and have your preschooler make a finger hole and place in a single seed—using a pincer grasp (thumb and index finger).
- Use a spray bottle to water the seeds, encourage your child to squeeze the handle to soak the soil and water those seeds.



Spring Flowers

- Crumble small pieces of colored tissue paper and glue to a paper plate to create a spring flower
- Attach a pipe cleaner or wooden popsicle stick for a stem

